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Where to Get Support: Quick Guide for Students

You have options and can decide what’s next.

Section 1: A Safe Place to Start

PATH to Care Center (CONFIDENTIAL RESOURCE)

Prevention | Advocacy | Training | Healing
Urgent 24/7 Support, call the Care Line: 510-643-2005
For appointments, call the office: 510-642-1988
Website: care.berkeley.edu

Affirming, empowering, confidential support for those who have experienced sexual harassment, emotional abuse, dating and intimate partner violence, sexual assault, stalking, and sexual exploitation. Advocates bring a non-judgmental, caring approach to exploring options, rights, and resources. PATH to Care can offer referrals and assistance in a number of areas, including medical care, safety planning, emotional support, academic accommodations, and reporting.

Section 2: Introduction

Many resources are available to support survivors of sexual harassment, sexual assault, stalking, and dating or relationship violence. Support is available to survivors no matter when or where the harm took place, even if it occurred when the survivor was not affiliated with UC Berkeley. Survivors do not need to formally report to campus or the police to receive confidential support. If you are unsure of where to start or have any questions about confidentiality and privilege, contact the PATH to Care Center.

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Section 3: More Information
Centralized campus SVSH site: SVSH.BERKELEY.EDU
PATH to Care website: CARE.BERKELEY.EDU
Urgent support Care Line (PATH to Care Center): 510-643-2005
FOR EMERGENCIES, DIAL 911

Contact the PATH to Care Center for confidential assistance and/or accompaniment with any of the options listed here.

Section 4: Campus Confidential Resources

UNIVERSITY HEALTH SERVICES (UHS) / TANG CENTER, SOCIAL SERVICES
Free individual and group counseling and consultation for students.
Phone: 510-642-6074
Website: uhs.berkeley.edu/social-services
Satellite Office at University Village, Phone: 510-520-7031
For after-hours emergency consultation or crisis resource referrals, call 855-817-5667.

THE OMBUDS OFFICE FOR STUDENTS & POSTDOCTORAL APPOINTEES
A confidential, neutral resource for navigating informal and formal options, with the goal of empowering students to make choices that best fit their needs.
Phone: 510-642-5754
Website: sa.berkeley.edu/ombuds

STUDENT ADVOCATE’S OFFICE (SAO)
Provides confidential, student-to-student casework services for undergraduate & graduate student survivors; helps survivors understand available resources & options.
Phone: 510-642-6912
Website: advocate.berkeley.edu
Email: help@berkeleysao.org

Section 5: Off-Campus Confidential Resources

FAMILY VIOLENCE LAW CENTER (FVLC)
Support and legal assistance for survivors of domestic violence and sexual assault.
24/7 Crisis Line: 800-947-8301
Website: fvlc.org
BAY AREA WOMEN AGAINST RAPE (BAWAR)
Counseling and hospital, police, and courtroom accompaniment for sexual violence survivors of all genders.
24/7 Hotline (English and Español): 510-845-7273
Website: bawar.org

Contact the PATH to Care Center for confidential assistance and/or accompaniment with any of the options listed in Sections 6 through 10.

Section 6: Medical Services
Individuals may wish to seek medical care to treat injuries, get tested for exposure to sexually transmitted infections, or preserve forensic evidence. You can call the Care Line to speak with a confidential advocate, who can coordinate transportation to a healthcare facility and accompany you throughout the process to provide support.

Though otherwise confidential, medical staff are required to report to the police any physical evidence of a violent crime observed during a physical exam.

University Health Services (UHS) / Tang Center Urgent Care
Offers medical care to students, from 8 AM to 5 PM, 7 days a week during the academic year (5 days a week during the summer), regardless of insurance status. Provides treatment for potential injuries and to prevent sexually transmitted infections and pregnancy. UHS is not an approved site to provide forensic evidence collection, however staff can coordinate that service with an approved hospital. Medical costs are covered for student survivors of sexual and relationship violence. For after-hours medical assistance, call UHS Advice Nurse at 510-643-7197.

Highland Hospital
Full emergency care; approved site for forensic evidence collection after sexual assault or relationship violence. Evidence collection costs are covered for survivors of sexual and relationship violence.
Phone: 510-437-4800
Non-emergency phone line: 510-642-6760
Website: highlandahs.org
Address: 1411 E 31st St, Oakland, CA 94602
Section 7: Reporting an Incident

Reporting to the Police

In an emergency, dial 911.

University of California Police Department (UCPD)

If the incident occurred off-campus, UCPD can help a survivor coordinate with their local law enforcement.
Emergency phone line: 510-642-3333
Website: police.berkeley.edu
Address: 1 Sproul Hall

Berkeley Police Department

Non-emergency phone: 510-981-5900
Website: ci.berkeley.ca.us/police
Address: 2100 Martin Luther King, Jr. Way

Administrative Reporting to UC Berkeley

Office for the Prevention of Harassment and Discrimination (OPHD)

As UC Berkeley’s Title IX office, OPHD handles complaints of discrimination, harassment, and sexual violence against faculty, staff & students.
Email: ask_ophd@berkeley.edu
Phone: 510-643-7985
Website: ophd.berkeley.edu

Section 8: Obtaining a Protective/Restraining Order

Survivors have the option to request a protective/restraining order from local law enforcement at any time. These civil court orders protect survivors who have experienced or are in fear of physical violence, sexual assault, or stalking by another individual. The Family Violence Law Center can help with this process. The Office for the Prevention of Harassment and Discrimination (OPHD) can also issue mutual no-contact directives, effective on campus.
Section 9: Evidence Collection

Forensic evidence collection is a police process to collect and preserve possible evidence of a crime, and can only be done at approved sites in the county where the incident occurred. If a survivor of relationship violence or sexual assault is considering pursuing criminal charges, it is best if evidence collection occurs in the first 72 hrs, the earlier the better. For best evidence collection, if possible:

- Leave the area where the harm occurred undisturbed
- Place each clothing item in a separate paper bag (no plastic)
- Resist urge to shower, bathe, wash hands, eat, drink or brush teeth.

Section 10: Responsible Employees

Any UC Berkeley employee is considered a Responsible Employee unless they are designated confidential. If a Responsible Employee, in their capacity as an employee, receives information about UC Berkeley students experiencing harm related to sexual violence or harassment, they must share what they know with the Office for the Prevention of Harassment and Discrimination (OPHD). Responsible Employees include Resident Assistants, GSIs, faculty, and coaches. Have questions? Contact OPHD at 510-643-7985 or email ask_ophd@berkeley.edu.