WHERE TO GET SUPPORT
Quick Guide for Campus Employees

A SUPPORTIVE PLACE TO START

PATH TO CARE CENTER
CONFIDENTIAL
Prevention | Advocacy | Training | Healing

Affirming, empowering, confidential support for those who have experienced sexual harassment, emotional abuse, dating and intimate partner violence, sexual assault, stalking, and sexual exploitation. Advocates bring a non-judgmental, caring approach to exploring options, rights, accommodations, medical care, and other resources. Advocacy services and consultations are available to all current and former UC Berkeley staff, faculty, students, visitors, anyone who has been impacted by someone affiliated with UC Berkeley, and more.

Urgent Support Care Line: 510-643-2005
Appointments: 510-642-1988 | care.berkeley.edu

This quick guide covers resources for employees (postdocs, staff, and faculty) of UC Berkeley who have experienced harm related to sexual violence and sexual harassment (SVSH) or who are supporting others. Some resources below are designated Confidential, others are offices of record. Survivors do not need to formally report to campus or the police, nor do they have to share anything they do not want to share, to receive confidential support. If you are unsure of where to start or have any questions about confidentiality and privilege, contact the PATH to Care Center.

COUNSELING & SUPPORT
CONFIDENTIAL

BE WELL AT WORK EMPLOYEE ASSISTANCE UNIVERSITY HEALTH SERVICES (UHS)
Free referral and consultation services, including workplace accommodation and protective leave consultations, for UC Berkeley staff, faculty, visiting scholars, and postdoctoral appointees.

uhs.berkeley.edu/bewellatwork | 510-643-7754

STAFF OMBUDS OFFICE
An independent department that provides impartial and informal conflict resolution and problem-solving services for all staff, non-senate academics, and faculty who perform management functions. The Staff Ombuds Office provides a safe place for individuals to voice and clarify concerns, understand conflict situations, and think through how they want to proceed at their own pace.

staffombuds.berkeley.edu | 510-642-7823

THE OMBUDS OFFICE FOR STUDENTS & POSTDOCTORAL APPointees
A confidential, neutral resource for navigating informal and formal options, with the goal of empowering students and postdocs to make choices that best fit their needs.

sa.berkeley.edu/ombuds | 510-642-5754

OFF-CAMPUS RESOURCES
CONFIDENTIAL

FAMILY VIOLENCE LAW CENTER (FVLC)
Support and legal assistance for survivors of domestic violence and sexual assault.

Crisis Line: 800-947-8301 | fvlc.org

BAY AREA WOMEN AGAINST RAPE (BAWAR)
Counseling and hospital, police, and courtroom accompaniment for sexual violence survivors of all genders.

Hotline (English + Español): 510-845-7273 | bawar.org

Accessible and translated versions of this guide are available at svsh.berkeley.edu/support/resource-guides

You have options and can decide what’s next.
EVIDENCE COLLECTION

Forensic evidence collection is a police process to collect and preserve possible evidence of a crime, and can only be done at approved sites in the county where the incident occurred. If a survivor of relationship violence or sexual assault is considering pursuing criminal charges, it is best if evidence collection occurs in the first 72 hours, the earlier the better. For best evidence collection, if possible:

• Leave the area where the harm occurred undisturbed.
• Place each clothing item in a separate paper bag (no plastic).
• Resist urge to shower, bathe, wash hands, eat, drink or brush teeth.

MEDICAL SERVICES

Individuals may wish to seek medical care to treat injuries, get tested for exposure to sexually transmitted infections, or preserve forensic evidence. You can call the Care Line to speak with a confidential advocate, who can coordinate transportation to a healthcare facility and accompany you throughout the process to provide support.

Though otherwise confidential, medical staff are required to report to the police any physical evidence of a violent crime observed during a physical exam.

HIGHLAND HOSPITAL

Full emergency care; approved site for forensic evidence collection after sexual assault or relationship violence. Evidence collection costs are covered for survivors of sexual and relationship violence.

ADMINISTRATIVE REPORTING TO UC BERKELEY

OFFICE FOR THE PREVENTION OF HARASSMENT & DISCRIMINATION (OPHD)

As UC Berkeley's Title IX office, OPHD handles complaints of discrimination, harassment, and sexual violence involving faculty, staff or students. OPHD can issue interim measures which may include mutual no contact directives.

ask_ophd@berkeley.edu | ophd.berkeley.edu

OBTAINING A PROTECTIVE / RESTRAINING ORDER

Survivors have the option to request a protective/restraining order from the civil division of the Superior Court at any time. These civil court orders protect survivors who have experienced or are in fear of physical violence, sexual assault, and/or stalking by another individual.

The Family Violence Law Center can help with this process, and can be contacted at 800-947-8301.

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