

# Where to Get Support: A Quick Guide for Students

*You have options and can decide what's next.*

- **FOR EMERGENCIES, DIAL 911.**
- Urgent 24/7 support Care Line: 510-643-2005. (711 CA Relay Service)
- For more information, visit [svsh.berkeley.edu](http://svsh.berkeley.edu) and [care.berkeley.edu](http://care.berkeley.edu).

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## **Section 1: A Supportive Place to Start**

### **The PATH to Care Center (Confidential Resource)**

(PATH is an acronym which stands for prevention, advocacy, training, healing)

Affirming, empowering, confidential support for those who have experienced sexual harassment, emotional abuse, dating and intimate partner violence, sexual assault, stalking, and sexual exploitation. Advocates bring a non-judgmental, caring approach to exploring options, rights, accommodations, medical care, and other resources. Advocacy services and consultations are available to all current and former UC Berkeley staff, faculty, students, visitors, anyone who has been impacted by someone affiliated with UC Berkeley, and more.

- Urgent 24/7 Support Care Line: 510-643-2005
- Appointments: 510-642-1988. Website: [care.berkeley.edu](http://care.berkeley.edu)

## **Section 2: Introduction**

This quick guide covers resources for UC Berkeley students (including undergraduate, graduate, professional, online, and visiting) who have experienced harm related to sexual violence and sexual harassment (SVSH) or who are supporting others. Some resources below are designated Confidential, others are offices of record. Survivors do not need to formally report to campus or the police, nor do they have to share anything they do not want to share, to receive confidential support. If you are unsure of where to start or have any questions about confidentiality and privilege, contact the PATH to Care Center.

## **Section 3: Counseling and Support**

### **Social Services, University Health Services (UHS)(Confidential)**

Free individual and group counseling and consultation for students.

Website: [uhs.berkeley.edu/socialservices](http://uhs.berkeley.edu/socialservices). Phone: 510-642-6074. For after-hours emergency consultation or crisis resource referrals, call 855-817-5667.

### **The Ombuds Office For Students & Postdoctoral Appointees (Confidential)**

A confidential, neutral resource for navigating informal and formal options, with the goal of empowering students and postdocs to make choices that best fit their needs.

- Website: [sa.berkeley.edu/ombuds](http://sa.berkeley.edu/ombuds)
- Phone: 510-642-5754

For more information about these and other resources, please visit [svsh.berkeley.edu](http://svsh.berkeley.edu).

## **Section 4: Off-campus Resources: Confidential Resources**

### **Family Violence Law Center (FVLC)**

Support and legal assistance for survivors of domestic violence and sexual assault.

- 24/7 Crisis Line: 800-947-8301
- Website: [fvlc.org](http://fvlc.org)

### **BRAVE Bay Area (formerly BAWAR)**

Counseling and hospital, police, and courtroom accompaniment for sexual violence survivors of all genders.

- 24/7 Hotline English + Español: 510-800-4247
- Website: [bawar.org](http://bawar.org)

## **Section 5: Reporting An Incident:**

### **For Emergencies, Dial 911**

Contact the [PATH to Care Center](#) for confidential assistance and/or accompaniment with any of the options listed here. Call the Care Line: 510-643-2005.

### **Law Enforcement Reporting**

#### **University Police Department (UCPD)**

To report any crime that occurred on University property, contact UCPD. When a crime occurs somewhere else, UCPD can also help a survivor contact the appropriate agency.

- 24/7 Emergency line: 510-642-3333
- 24/7 Non-emergency line: 510-642-6760
- Address: 1 Sproul Hall
- Website: [ucpd.berkeley.edu](http://ucpd.berkeley.edu)

#### **Berkeley Police Department (BPD)**

- 24/7 Phone: 510-981-5900.
- Address: 2100 Martin Luther King, Jr. Way

## **Administrative Reporting to UC Berkeley**

### **Office for the Prevention of Harassment & Discrimination (OPHD)**

As UC Berkeley's Title IX office, OPHD handles complaints of discrimination, harassment, and sexual violence involving faculty, staff or students. OPHD can issue interim measures which may include mutual no contact directives.

- Email: [ask\\_ophd@berkeley.edu](mailto:ask_ophd@berkeley.edu)
- Website: [ophd.berkeley.edu](http://ophd.berkeley.edu)
- Phone: 510-643-7985

## **Section 6: Medical Services**

Individuals may wish to seek medical care to treat injuries, get tested for exposure to sexually transmitted infections, or preserve forensic evidence. You can call the Care Line to speak with a confidential advocate, who can coordinate transportation to a healthcare facility and accompany you throughout the process to provide support.

Though otherwise confidential, medical staff are required to report to the police any physical evidence of a violent crime observed during a physical exam. Full emergency care; approved site for forensic evidence collection after sexual assault or relationship violence. Evidence collection costs are covered for survivors of sexual and relationship violence.

### **Highland Hospital**

Full emergency care; approved site for forensic evidence collection after sexual assault or relationship violence. Evidence collection costs are covered for survivors of sexual and relationship violence.

- 24/7 Phone: 510-437-4800
- Address: 1411 E 31st St, Oakland, CA 94602

### **Urgent Care, University Health Services (UHS)**

Offers medical care to students regardless of insurance status. Provides treatment for potential injuries and to prevent sexually transmitted infections and pregnancy. UHS is not an approved site to provide forensic evidence collection, however staff can coordinate that service with an approved hospital. Medical costs are covered for student survivors of sexual and relationship violence. For after-hours medical assistance, call UHS Advice Nurse at 51-643-7197.

Phone: 510-642-3188. Website:

[uhs.berkeley.edu/medical/urgent-care-uhs-campus](https://uhs.berkeley.edu/medical/urgent-care-uhs-campus)

## **Section 7: Evidence Collection**

Forensic evidence collection is a police process to collect and preserve possible evidence of a crime, and can only be done at approved sites in the county where the incident occurred. If a survivor of relationship violence or sexual assault is considering pursuing criminal charges, it is best if evidence collection occurs in the first 72 hours, the earlier the better. For best evidence collection, if possible:

- Leave the area where the harm occurred undisturbed.
- Place each clothing item in a separate paper bag (no plastic).
- Resist the urge to shower, bathe, wash hands, eat, drink or brush teeth.

## **Section 8: Obtaining A Protective / Restraining Order**

Survivors have the option to request a protective/restraining order from the civil division of the Superior Court at any time. These civil court orders protect survivors who have experienced or are in fear of physical violence, sexual assault, and/or stalking by another individual. The [Family Violence Law Center](#) can help with this process, and can be contacted 24/7 at 800-947-8301.

## **Section 9: Responsible Employees**

Confidential Resources exist so that survivors can seek support and discuss options without the obligation to report to authorities. According to the UC SVSH Policy, any University employee who is not a Confidential Resource is a Responsible Employee, with a reporting obligation. Have questions about the UC SVSH Policy or the Responsible Employee reporting obligations? Contact OPHD at 510-643-7985 or [ask\\_ophd@berkeley.edu](mailto:ask_ophd@berkeley.edu), or find more information at [ophd.berkeley.edu](https://ophd.berkeley.edu).

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