Where to Get Support: A Quick Guide for Employees

*You have options and can decide what’s next.*

Where to Get Support: A Quick Guide for Employees

Section 1: A Supportive Place to Start

Section 2: Introduction

Section 3: Counseling and Support: Confidential Resources

Section 4: Off-campus Resources: Confidential Resources

Section 5: Reporting An Incident: For Emergencies, Dial 911

Section 6: Medical Services

Section 7: Evidence Collection

Section 8: Obtaining A Protective / Restraining Order

Section 9: Responsible Employees

Section 1: A Supportive Place to Start

The PATH to Care Center (Confidential Resource)

(PATH is an acronym which stands for prevention, advocacy, training, healing)

Affirming, empowering, confidential support for those who have experienced sexual harassment, emotional abuse, dating and intimate partner violence, sexual assault, stalking, and sexual exploitation. Advocates bring a non-judgmental, caring approach to exploring options, rights, accommodations, medical care, and other resources. Advocacy services and consultations are available to all current and former UC Berkeley staff, faculty, students, visitors, anyone who has been impacted by someone affiliated with UC Berkeley, and more.

Urgent 24/7 Support Care Line: 510-643-2005
**Section 2: Introduction**

This quick guide covers resources for employees (postdocs, staff, and faculty) of UC Berkeley who have experienced harm related to sexual violence and sexual harassment (SVSH) or who are supporting others. Some resources below are designated Confidential, others are offices of record. Survivors do not need to formally report to campus or the police, nor do they have to share anything they do not want to share, to receive confidential support. If you are unsure of where to start or have any questions about confidentiality and privilege, contact the PATH to Care Center.

Urgent 24/7 support Care Line: 510-643-2005. FOR EMERGENCIES, DIAL 911.

For more information, visit [svsh.berkeley.edu](http://svsh.berkeley.edu) and [care.berkeley.edu](http://care.berkeley.edu).

**Section 3: Counseling and Support: Confidential Resources**

**Be Well At Work Employee Assistance, University Health Services (UHS)**

Free referral and consultation services, including workplace accommodation and protective leave consultations, for UC Berkeley staff, faculty, visiting scholars, and postdoctoral appointees.

Website: [uhs.berkeley.edu/bewellatwork](http://uhs.berkeley.edu/bewellatwork). Phone: 510-643-7754

**The Ombuds Office For Students & Postdoctoral Appointees**

A confidential, neutral resource for navigating informal and formal options, with the goal of empowering students and postdocs to make choices that best fit their needs.

Website: [sa.berkeley.edu/ombuds](http://sa.berkeley.edu/ombuds). Phone: 510-642-5754

**Staff Ombuds Office**

Helps empower employees to constructively navigate and overcome workplace disputes and problems by providing confidential, informal, and impartial conflict management and problem-solving services. The Staff Ombuds Office offers a safe place for individuals to voice and clarify concerns, understand their situations, and think through how they want to proceed at their own pace.

Website: [staffombuds.berkeley.edu](http://staffombuds.berkeley.edu). Phone: 510-642-7823
Section 4: Off-campus Resources: Confidential Resources

Family Violence Law Center (FVLC)
Support and legal assistance for survivors of domestic violence and sexual assault.
24/7 Crisis Line: 800-947-8301. Website: fvlc.org

Bay Area Women Against Rape (BAWAR)
Counseling and hospital, police, and courtroom accompaniment for sexual violence survivors of all genders.
24/7 Hotline (English + Español): 510-845-7273. Website: bawar.org

Section 5: Reporting An Incident: For Emergencies, Dial 911
Contact the PATH to Care Center for confidential assistance and/or accompaniment with any of the options listed here. Call the Care Line: 510-643-2005.

Law Enforcement Reporting

University Police Department (UCPD)
To report any crime that occurred on University property, contact UCPD. When a crime occurs somewhere else, UCPD can also help a survivor contact the appropriate agency.
24/7 Emergency line: 510-642-3333. 24/7 Non-emergency line: 510-642-6760. Address: 1 Sproul Hall. Website: ucpd.berkeley.edu

Berkeley Police Department (BPD)
24/7 Phone: 510-981-5900. Address: 2100 Martin Luther King, Jr. Way. Website: cityofberkeley.info/police.

Administrative Reporting to UC Berkeley

Office for the Prevention of Harassment & Discrimination (OPHD)
As UC Berkeley’s Title IX office, OPHD handles complaints of discrimination, harassment, and sexual violence involving faculty, staff or students. OPHD can issue interim measures which may include mutual no contact directives.
Email: ask_ophd@berkeley.edu. Website: ophd.berkeley.edu. Phone: 510-643-7985.
Section 6: Medical Services

Individuals may wish to seek medical care to treat injuries, get tested for exposure to sexually transmitted infections, or preserve forensic evidence. You can call the Care Line to speak with a confidential advocate, who can coordinate transportation to a healthcare facility and accompany you throughout the process to provide support. Though otherwise confidential, medical staff are required to report to the police any physical evidence of a violent crime observed during a physical exam. Full emergency care; approved site for forensic evidence collection after sexual assault or relationship violence. Evidence collection costs are covered for survivors of sexual and relationship violence.

Highland Hospital

Full emergency care; approved site for forensic evidence collection after sexual assault or relationship violence. Evidence collection costs are covered for survivors of sexual and relationship violence.

24/7 Phone: 510-437-4800. Website: alamedahealthsystem.org. Address: 1411 E 31st St, Oakland, CA 94602

Section 7: Evidence Collection

Forensic evidence collection is a police process to collect and preserve possible evidence of a crime, and can only be done at approved sites in the county where the incident occurred. If a survivor of relationship violence or sexual assault is considering pursuing criminal charges, it is best if evidence collection occurs in the first 72 hours, the earlier the better. For best evidence collection, if possible:

- Leave the area where the harm occurred undisturbed.
- Place each clothing item in a separate paper bag (no plastic).
- Resist the urge to shower, bathe, wash hands, eat, drink or brush teeth.

Section 8: Obtaining A Protective / Restraining Order

Survivors have the option to request a protective/restraining order from the civil division of the Superior Court at any time. These civil court orders protect survivors who have experienced or are in fear of physical violence, sexual assault, and/or stalking by another individual. The Family Violence Law Center can help with this process, and can be contacted 24/7 at 800-947-8301.
Section 9: Responsible Employees

Confidential Resources exist so that survivors can seek support and discuss options without the obligation to report to authorities. According to the UC SVSH Policy, any University employee who is not a Confidential Resource is a Responsible Employee, with a reporting obligation. Have questions about the UC SVSH Policy or the Responsible Employee reporting obligations? Contact OPHD at 510-643-7985 or ask_ophd@berkeley.edu, or find more information at ophd.berkeley.edu.

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